

NIXEDONIA

Definition: **Nixedonia** - [ni.khe.'dʊ.ni.θ.] - Eng. (noun.)
"the joyful condition of anticipated success."

Определение: **Nixedonia** - [Нихедония] - (сущ.)
"радостное состояние ожидаемого успеха."

PUBLIC SPEAKING

Success doesn't come overnight. It takes more than inspiration but also planning, hard work, and, importantly for easily-distracted lawyers: perseverance. If we do not regularly schedule Business Development into our hectic schedules each week, it most likely won't ever happen. You will always be too busy. You will always have other work to do. We can make a thousand justifications to not do something- especially if we don't want to do it nor are certain how to do it. But remember that billable hours are only our income for today: Business Development hours are our income for tomorrow and all the future days then after. And so, otherwise, the years will pass, and like a leaf upon a stream, snuggled safe within our comfort zone, we will drift along wherever the currents of fate might take us. Unfortunately, it may well not take us where we would like to go! Even if we are fortunate and no rapids or waterfalls dash us and sink our dreams, this passivity is a grave mistake. This comfort in inaction is an illusion. One day we might find that we are stuck in some stagnant backwater, and the way ahead seems lost. Our career journey doesn't have to be like this. Not at all. While the rivers ahead won't always be calm, and we'll definitely be drawn back more than once, we must sail onwards. Yet, we can still enjoy the flow, and control our route. As in the N of the Nixedonia logo, the graph of our progress will nevertheless, despite the inevitable setbacks and disappointments, show a positive trend. We must not be afraid to fail. By learning to swim, we are less likely to go under; we are more likely to reach our destination. We will certainly fail. Again and again. And that is OK. We will learn from that, and try harder. We will sail, not drift. We will succeed in our personal growth, in our wealth, and in our freedom. And finally, along this great journey, we will attain Nixedonia and thereafter reach any shore that we desire. Anywhere...

Almaty
Athens
Bangkok
Barcelona
Belgrade

Bratislava
Bucharest
Budapest
Cairo
Chisinau

Copenhagen
Dublin
Edinburgh
Frankfurt
Geneva

Helsinki
Hanoi
Istanbul
Kiev
Kuala Lumpur

Lisbon
Ljubljana
Lusaka
Madrid
Milan

Minsk
Moscow
Podgorica
Prague
Reykjavik

Riga
Sarajevo
Seoul
Singapore
Skopje

Sofia
St. Petersburg
Tallinn
Tel Aviv
Tirana

Valetta
Vienna
Vilnius
Warsaw
Zagreb



ADVANCED BUSINESS SKILLS SESSIONS

Public Speaking

A course for senior fee earners on how to speak well, eloquently, with style and with power.

These days, it's almost impossible to avoid having to make a speech or presentation in front of an audience at some time or other, and being able to speak confidently in public is one of the most useful skills anyone can acquire.

Public speaking has always been an integral part of many professions. If you're a lawyer you know that addressing a group is going to be a large part of what you do. However, more and more, speaking in public is becoming a routine requirement in all sorts of jobs in business and industry. And then, out of legal work, there are the social speeches, such as at weddings and parties to celebrate a specific event.

It's a well-known fact that something like ninety percent of the population would rather die than speak in public. If you feel like this, or even just a bit nervous about standing up in front of a group, this website offers you tips and advice for how to overcome your worries and learn to love public speaking.



COURSE DETAILS	
Course title:	Public Speaking
Duration:	2, 4, or 8 Hours
Course type - international or regional:	Regional
Delivery method - classroom, eLearning, blended etc:	Classroom
DELEGATE PROFILE	
Target audience	Senior Fee Earners
Career level:	Support professionals - any level
Attendance by nomination/ request/ other - compulsory?:	Nomination or request
CPD points	tbc
Suggested Group Size	4-6 people
SESSION INFORMATION	
IT requirements	Projector or TV screen for computer would be useful
LEARNING OBJECTIVES/OUTCOMES - what will delegates learn/be able to do as a result of attending the course?	
<ul style="list-style-type: none"> ■ How to express your ideas verbally to the public ■ How To Give An Impromptu Speech ■ Test your public speaking knowledge and seek areas of improvement for verbal skills ■ How to make a speech and avoid wordy slides 	